

ONLINE REGISTRATION AND PAYMENT

- Go to cofo.edu/athletics
- Click on the blue box titled "2019 athletic camps"
- You will be able to register and pay there

A MATTER OF IMPORTANCE FOR ALL CAMPERS:

The enclosed College of the Ozarks assumption of risk, medical treatment liability release, and waiver agreement must be completed for each camper and **returned via mail or with the camper on the first day of camp.**

Forms may be mailed to:
College of the Ozarks Athletics,
Camp Name (VB, GBB, BBB),
P O Box 17, Pt. Lookout, MO 65726

Additional printable forms are available on the website



IMPORTANT INFORMATION

Location: The 2019 C of O camp will be held on campus. Housing will be in the Keeter Gymnasium balcony. All volleyball will be played in air-conditioned Keeter Gymnasium and Activity Center.

Registration will take place in the lobby of Keeter Gymnasium.

Staff members will be on duty at all times. Staff consists of coaches, current and former C of O players.

We recommend that each camper be in excellent physical condition. This not only prevents injuries, but makes the learning process easier. If a camper needs to be taped, she should bring her own tape. Ankle braces are recommended for weak ankles.

Each camp fee includes T-shirt

All meals for overnight campers will be served in the C of O Dining Hall.

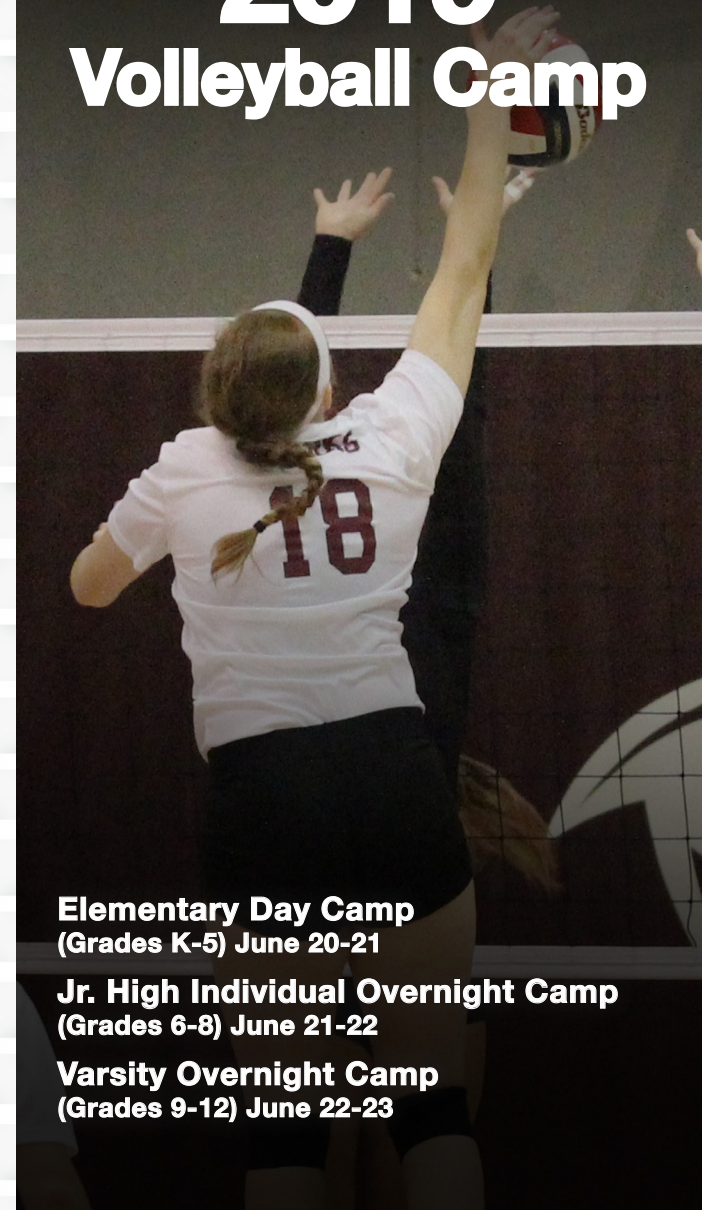
Stacy Muckenthaler
417.690.2564 • smuckenthaler@cofo.edu

Online registration is preferred. If you cannot utilize online process, please make check payable to College of the Ozarks.

**Mail to: Stacy Muckenthaler, Athletic Dept.
College of the Ozarks
P.O. Box 17
Point Lookout, MO 65726**

COLLEGE OF THE OZARKS

2019 Volleyball Camp



Elementary Day Camp
(Grades K-5) June 20-21

Jr. High Individual Overnight Camp
(Grades 6-8) June 21-22

Varsity Overnight Camp
(Grades 9-12) June 22-23

CAMP DATES

Elementary Day Camp (9:00 am - Noon)

Grades K-5

Check in June 20, 9:00 am

Camp ends June 21 at noon

This camp is filled with daily instruction for the beginning volleyball player. The C of O Lady Bobcat coaching staff will provide quality instruction as well as demonstrations throughout the duration of camp. Special attention will be given to the basic fundamentals: passing, setting, hitting, serving, and rotations. Campers will compete in skills competitions, games, and team competitions.

\$50.00 per camper



Jr. High Individual Overnight Camp

Grades 6-8

Check in June 21, 1:00 pm - 2:00 pm

Camp ends June 22 at noon

This individual camp will provide quality instruction in individual techniques of serving, passing, setting, hitting, blocking, serve reception, defense, and team strategies. Instruction and demonstrations will be led by camp staff. Game and skill competition, team competition, and elite skill instruction.

\$90.00 per camper (includes meals)



Varsity Overnight Camp

Grades 9-12

Check in June 22, 1:00 pm - 2:00 pm

Camp ends June 23 at noon

This individual camp will provide athletes in the area an opportunity to display their talents on the court. Players will work on fundamentals and learn essential volleyball strategy. Team games and skill competitions will take place throughout the camp.

\$90.00 per camper (includes meals)



Overnight campers only:

Bring sleeping bag, cot, air mattress, etc. Sleeping facilities are in the gym balcony. Also bring pillow, personal hygiene items, swimsuit, towels, washcloths, clothes, and spending money. There will be a concession stand open each evening. Swimming pool will be open each evening.

Name _____

Address _____

City, State, Zip _____

Home Phone () _____

Work Phone () _____

Cell Phone () _____

E-mail _____

Emergency Contact _____

Child's Age _____ Height _____ Grade Next Fall _____

Shirt Size YS YM YL S M L XL

Name of School _____

INDICATE WHICH CAMP YOU WILL ATTEND

___ Elementary Day Camp (grades K-5) June 20-21•\$50

___ Jr. High Individual Overnight Camp (grades 6-8) June 21-22•\$90

___ Varsity Overnight Camp (grades 9-12) June 22-23•\$90

POSITION

Outside Hitter Setter Middle Hitter

Defense Right side Unsure



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