#### **NEW THIS YEAR...**

### ONLINE REGISTRATION AND PAYMENT

- Go to cofo.edu/athletics
- Click on the blue box titled "2018 athletic camps"
- You will be able to register and pay there

## A MATTER OF IMPORTANCE FOR ALL CAMPERS:

The enclosed College of the Ozarks assumption of risk, medical treatment liability release, and waiver agreement must be completed for each camper and returned via mail or with the camper on the first day of camp.

Forms may be mailed to: College of the Ozarks Athletics, Camp Name (VB, GBB, BBB), P O Box 17, Pt. Lookout, MO 65726

Additional printable forms are available on the website



# **IMPORTANT INFORMATION**

**Location:** The 2018 C of O camp will be held on campus. Housing will be in the Keeter Gymnasium balcony. All volleyball will be played in air-conditioned Keeter Gymnasium and Activity Center.

**Registration** will take place in the lobby of Keeter Gymnasium.

**Staff members will be on duty at all times.**Staff consists of coaches, current and former C of O players.

We recommend that each camper be in excellent physical condition. This not only prevents injuries, but makes the learning process easier. If a camper needs to be taped, she should bring her own tape. Ankle braces are recommended for weak ankles.

Each camp fee includes T-shirt.

All meals for overnight campers will be served in the C of O Dining Hall.

Stacy Muckenthaler 417.690.2564 • smuckenthaler@cofo.edu

Online registration is preferred. If you cannot utilize online process, please make check payable to College of the Ozarks.

Mail to: Stacy Muckenthaler, Athletic Dept. College of the Ozarks P.O. Box 17 Point Lookout, MO 65726



# CAMP DATES

### Elementary Day Camp (8:00 - Noon)

Grades 2-5

Check in June 11, 8:00 am Camp ends June 12 at noon

This camp is filled with daily instruction for the beginning volleyball player.

The C of O Lady Bobcat coaching staff will provide quality instruction as well as demonstrations throughout the duration of camp. Special attention will be given to the basic fundamentals: passing, setting, hitting, serving, and rotations. Campers will compete in skills competitions, games, and team competitions.

**\$50.00** per camper

### Jr. High Individual Overnight Camp

Grades 6-8

Check in June 12, 1:00 - 2:00 pm Camp ends June 13 at noon

This individual camp will provide quality instruction in individual techniques of serving, passing, setting, hitting, blocking, serve reception, defense, and team strategies. Instruction and demonstrations will be led by camp staff. Game and skill competition, team competition, and elite skill instruction.



\$90.00 per camper (includes meals)

### **Varsity Overnight Camp**

Grades 9-12

Check in June 13, 1:00 - 2:00 pm Camp ends June 14 at noon

This individual camp will provide athletes in the area an opportunity to display their talents on the court. Players will work on fundamentals and learn essential volleyball strategy. Team games and skill competitions will take place throughout the camp.





### Overnight campers only:

Bring sleeping bag, cot, air mattress, etc. Sleeping facilities are in the gym balcony. Also bring pillow, personal hygiene items, swimsuit, towels, washcloths, clothes, and spending money. There will be a concession stand open each evening. Swimming pool will be open each evening.

Name	
Address	_
City, State, Zip	
Home Phone ( )	_
Work Phone ( )	
Cell Phone ( )	
E-mail	
Emergency Contact	
Child's Age Height Grade Nex	ct Fall
Shirt Size YS YM YL S M L XL	
Name of School	
INDICATE WHICH CAMP YOU WILL	ATTEND
Elementary Day Camp (grades 2-5)	June 11-12•\$50
Jr. High Individual Overnight Camp (grades 6-8)	June 12-13•\$90
Varsity Overnight Camp (grades 9-12)	June 13-14•\$90
POSITION	



☐ Outside Hitter ☐ Setter ☐ Middle Hitter

☐ Defense ☐ Right side ☐ Unsure